



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: Institution Defensive Tactics Instructor Recertification

Hours of Instruction: 8

Course Objectives:

- a) Review Department Policy and Procedure regarding use of force, current case law, and liability
- b) Review courses for current training year which includes the department's annual training and Core Academies.
- c) Review the importance of safety during defense tactics training.
- d) Demonstrate how to perform proper stretching and dynamic exercises.
- e) Demonstrate proper stance and movement.
- f) Demonstrate control holds with takedowns.
- g) Demonstrate handcuffing and searching techniques and have knowledge of levels of cuffing (high, medium).
- h) Demonstrate ground defense tactics.
- i) Demonstrate the use of personal weapons (strikes, kicks, blocks)
- j) Review safety protocols related to staff safety, W/C procedures, Covid-19.