



RIVERSIDE COUNTY PROBATION DEPARTMENT

Serving Courts • Protecting Our Community • Changing Lives



Course Title: (Class 17.2: Control Holds)

Hours of Instruction: 4

Course Objectives:

- 17.2.1 In a simulation, demonstrate at least two-course instructed control holds incorporating the following: balance, maintaining a position of control and advantage, proper foot movements and leverage/assistance. (BST)